



Innerwheel Club of Pollachi

Bulletin 2023/24

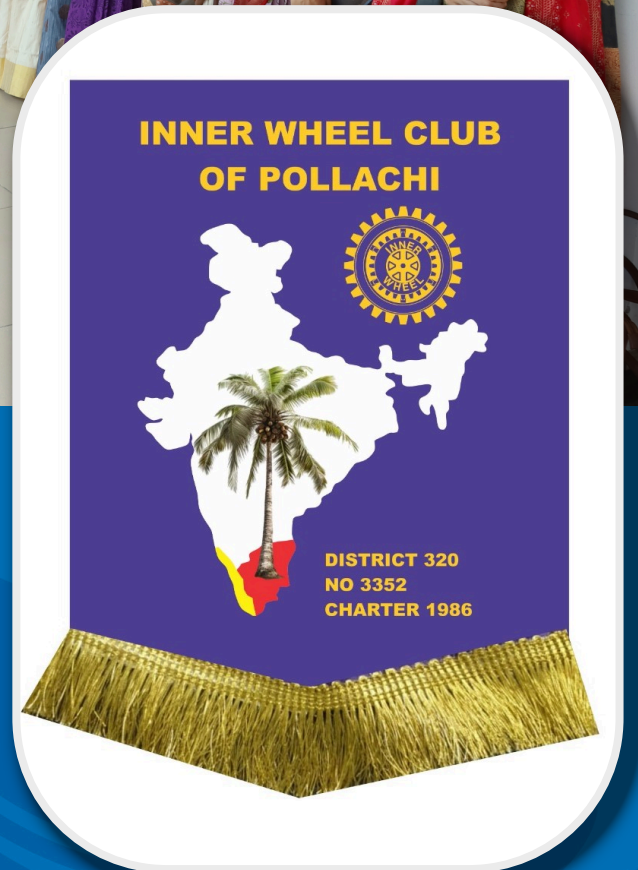


Table of Contents

President's Message	3
Illuminating a Century : Installation Ceremony.....	5
Pollachi's Path to a Greener and Sustainable Future	8
Reviving a River: A Tale of Community, Commitment, and Conservation.....	10
Empowering Youth Leadership: The Inauguration of Interact Clubs	12
Empowering Teachers with Workshops for Cultural Values.....	14
Sharanalayam: A Beacon of Hope and Joy.....	15
Tribute to Trailblazing Women of Pollachi.....	16
Cultivating Calm: Yoga for Mental Well-being at Aliyar	17
Breastfeeding Awareness Initiative.....	18
Igniting Youth Engagement: Inner Wheel's Educational Outreach.....	19
Women in Nation Building: A Pivotal Dialogue.....	20
Chairman Visit : Academic Scholarship Initiative.....	21
Greening Communities: Compost Project at MKK Enclave.....	22
Blossoming Identity: Pollachi Park's New Chapter.....	23
Enhancing Elderly Care Through Compassion	24
Valli Kummi : Celebrating Cultural Heritage and Tradition	25

President's Message

Dear Esteemed Members and Friends,

As we release this edition of our beloved bulletin, I am filled with immense pride and gratitude.

The past months have been a testament to the strength, dedication, and compassion that define our Inner Wheel Club family. Together, we have achieved remarkable milestones in service, community engagement, and personal growth.

Our club's enduring commitment to 'Service Above Self' continues to inspire impactful initiatives that touch lives and foster community well-being. From our recent program from the TrailBlazers, each project echoes our collective resolve to make a positive difference.

We are particularly excited about the upcoming events outlined in this bulletin, each offering unique opportunities for participation, learning, and fellowship.

These gatherings are not just meetings; they are the heartbeats of our club, where ideas blossom, friendships strengthen, and our mission thrives.



To our new members, I extend a warm welcome. You are now part of a global community that values service, integrity, and camaraderie. Your fresh perspectives and enthusiasm are vital to our journey ahead.

As we move forward, let us continue to uphold the values that bind us, embracing each challenge with optimism and each success with humility. Together, let's shape a future that reflects the very best of what we can achieve as a united and caring Inner Wheel family.

Thank you for your unwavering support, your relentless energy, and your boundless kindness. Let's make this year unforgettable!

With heartfelt appreciation,

Shantakumari V

Executive Committee Members



MEENAKSHI SEVEL
SECRETARY



LAKSHMI APPUKUTTY
VICE PRESIDENT



AITY JOHN
PAST PRESIDENT



SREEDEVI BALASUBRAMANIAM
TREASURER

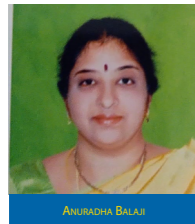


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EDITOR



ANUSHA VEERARAGAVAN
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Club Members



ANURADHA BALAJI



ARUNA ANUSHA RANGANASWAMY



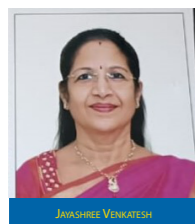
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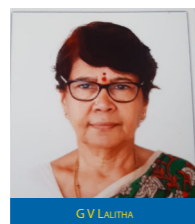
GEETHA HARRAJ



GEETHA RAMAKRISHNAN



JAWAHREE VENKATESH



GV LALITHA



RADHIKA VIVEK



SELVANAGARI SEVUGAMURTHY



SOWTHAMAM PERUMALSAMY



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SOWMYA MUTHUSAMY



DR. S M SRIDEVI DGO DNB DRM



SUJANA RAJINATH



SUJANA VENKATESUBRAMANIAM



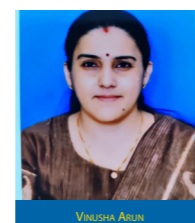
VANITHA RANGARAJ



VIDYA ANILCHAMY



VIJAYAKUMAR PRABHU



VINISHA ARIN



SUCETHA RAJMOHAN



DR. ALI YUMAN



VIDYA MASCARENHAS

Illuminating a Century : Installation Ceremony



Shaanthi International Montessori Play School

10th July 2023

Introduction

Inner Wheel International is celebrating a significant milestone as it marks its 100th year since its establishment in 1924. In the spirit of this momentous occasion, the club's installation function for the year 2023-24 was held under the Inner Wheel International Theme of "Shine a Light."

This event not only showcased the transition of leadership but also brought together a dedicated team of individuals who will carry the torch forward. The installation function took place on the 10th of July 2023 at the Shaanthy International Play School in Mahalingapuram. Dr. S Ramakrishnan, Head Cardiologist and Chief at Pollachi Cardiac Centre, graced the event as the esteemed Chief Guest.

Welcoming the President

The Inner Wheel Club of Pollachi bid farewell to Aity John, the outgoing president, who had tirelessly served the club during her tenure. Stepping

into her shoes as the new president for the year 2023-24 is Shanthakumari V a member known for her passion and commitment to social causes. With a wealth of experience in education and fresh ideas, President Shanthakumari V is poised to lead the club into a fresh new year of service.

Introducing the Team

A successful leader is nothing without a dedicated team, and President Shanthakumari V is fortunate to have a talented group of individuals by her side. Meenakshi Sevel assumed the role of the new secretary, taking over from Bhargavi Srihari, who served with diligence in the previous term. The responsibilities of the club's treasury will now be handled by Sreedevi Balasubramaniam, who brings her knowledge to ensure the efficient management of funds.

Lakshmi Appukutty, a dynamic and enthusiastic member, has been appointed as the Vice President. Her unwavering commitment to community service will greatly contribute to the success of the club's initiatives. Anusha

Veeraraghavan has taken on the role of the International Service Organiser (ISO), responsible for strengthening the club's international collaborations and projects. Anuja Maheshkumar, with her creative flair and attention to detail, has been entrusted with the important position of the Editor, ensuring effective communication and documentation of the club's activities.

Celebrating the Chief Guest

Dr. S Ramakrishnan, a distinguished personality in the medical field and the Chief of Pollachi Cardiac Centre, graced the installation function as the Chief Guest. His notable contributions to the community and commitment to healthcare align perfectly with the Inner Wheel Club's mission. Dr. Ramakrishnan's presence added prestige to the event and served as a reminder of the positive impact the club can make on society.

Conclusion

The installation function of the Inner Wheel Club of Pollachi not only marked a change in leadership but also symbolized the club's century-long journey of selfless service. Under the Inner Wheel International Theme of "Shine a Light," President Shanthakumari V and her team are poised to continue

the club's legacy of making a meaningful difference in the lives of individuals and communities.

As they embark on this new chapter, the Inner Wheel Club of Pollachi remains committed to shining a light of hope, compassion, and service as they navigate the challenges of the present and future.



The President and members of
the Innerwheel Club of Pollachi
District 320
Cordially invites you to the
Installation Ceremony of
Mrs. Shanthi Singaravel
President & her team of office bearers for the year 2023-24
In the august presence of
Dr.S. Ramakrishnan
F.A.C.S. (Austria), Dip.Card. (Vienna). Consultant Cardiologist

DATE : July 10th 2023, Monday
TIME : 4.00 pm
VENUE : Shanthi International School,
Mahalingapuram

High Tea . 4.00 pm | Meeting . 4.30 pm



Pollachi's Path to a Greener and Sustainable Future

Sustainability and Education

The Inner Wheel Club of Pollachi has embarked on a green mission to instill sustainability in the heart of Pollachi. Spearheading this initiative, Anuja Mahesh Kumar, the club's editor, organized an enlightening 'Go Green' campaign on July 14, 2023, at Shaanthy Schools ICSE Jothinagar, emphasizing the significance of environmental conservation.



Bridging the Gap with Eco Awareness

The program, attended by over 100 participants, witnessed the participation of Rotary Secretary Mr. Satish Chandran and club members Geetha Hariraj and Vidhya Muthusamy, who delved into the practicalities of plantations and sustainable practices. Their shared knowledge provided a blueprint for attendees to implement in their daily lives.

Cultivating a Zero Waste Culture

Echoing the campaign's philosophy, the 'Zest for Zero Waste' concept was introduced to the community through practical demonstrations by ECO club students and guidance from the municipal councillor. The guest speaker, Ms. Hastha Sathish, a student from Jindal studying Environmental Studies, offered her expertise, reinforcing the campaign's educational outreach.



Aligning with National Movements

The 'Go Green' slogan aligns with the Swachh Bharat Mission, a nationwide movement initiated by Prime Minister Narendra Modi. The campaign's alignment with this national movement amplifies its impact, driving home the message of a cleaner, greener India.



Empowering the Next Generation

Understanding that the future is in the hands of children, the Inner Wheel Club of Pollachi targeted educational institutions like Shanthakumari V Nikethan, Shaanthy Schools ICSE Jothinagar, Periakottai, and Bharath Vidya Nikethan Achipatty. They focused on 'Community Gardens', imparting environmental wisdom to the young minds.

Community Participation

Rotarian Mr. Mahesh Kumar, Chairman of 'Coir Plus', and directors

Mr. Deepak and Mr. Lalith, along with Mrs. Geetha Hariraj, played pivotal roles in donating eco-friendly coir pots. Their contributions signified the community's united effort towards environmental sustainability.

Inspiring Sustainable Living

The creation of a compost pit in a local housing society marks a step forward in promoting sustainable waste management practices. This initiative serves as an inspiration for residents to embrace a sustainable lifestyle, significantly impacting the local environmental landscape.



Reviving a River: A Tale of Community, Commitment, and Conservation

A Unified Effort for Environmental Restoration

In a significant environmental restoration effort, the Inner Wheel Club of Pollachi, in collaboration with the Interact Clubs of Shaanthy Schools from Pollachi and Udumalpet, spearheaded a comprehensive river cleanup initiative.

This project, aimed at addressing the neglected state of a local river, saw the confluence of community members, students, and environmental enthusiasts rallying for a cause that was both urgent and necessary. The river, once a lifeline for the surrounding villages, had fallen victim to misuse and neglect, turning it into a dumping ground for waste.

Innovative Approach to Waste Management

The cleanup initiative kicked off with a garbage segregation project that not only cleared the riverbed but also served as an educational



platform for the participants. Under the guidance of Miss. Janakshi Balaji, a fervent environmental advocate, students and villagers were enlightened on the importance of waste segregation into degradable and non-degradable categories. This hands-on experience fostered a deeper understanding of environmental stewardship among the participants, making them active agents of change in their community.

Sustainable Practices and Community Engagement

The engagement didn't stop at cleaning; it introduced sustainable

waste management practices. Biodegradable waste collected during the cleanup was repurposed into biogas, demonstrating a practical application of waste-to-energy conversion beneficial for local households.

The initiative's success was further cemented two weeks later when students returned to plant tree saplings along the riverbed. This act of reforestation aimed to prevent soil erosion, mitigate further waste accumulation, and restore the river's natural beauty and ecological balance.



Widespread Support and Recognition

The project garnered support from local governance, with the Panchayat Union Councillor and the village president lauding the efforts of all involved.

This recognition highlighted the widespread acknowledgment of the importance of environmental preservation and showcased the

unity and determination of the community towards achieving a common goal. The interaction with local leaders and the villagers' active participation underscored a collective resolve to safeguard their natural heritage, proving that with the right tools and guidance, significant environmental restoration is within reach.

A Model for Future Conservation Efforts

This river cleanup initiative serves as a blueprint for future conservation efforts, emphasizing the power of education, community engagement, and sustainable practices in environmental stewardship.

The project not only revived a vital natural resource but also instilled a sense of pride and responsibility towards the environment among the younger generation and the villagers, ensuring the river's protection for years to come.



Empowering Youth Leadership: The Inauguration of Interact Clubs



A New Chapter for Youth Empowerment

On August 3, 2023, the Inner Wheel Club of Pollachi, in collaboration with the Rotary Club, marked a significant milestone in nurturing future leaders through the establishment of Interact Clubs. This initiative, aimed at empowering the youth, saw the light of day in the esteemed presence of District Governor Rotarian Dr. S. Sundararajan, Rotary Interact Chair Rotarian Dr. S. Rajalakshmi, along with the school Secretary and Inner Wheel President Shanthakumari V.

Distinguished Guests and Their Vision

The event was graced by the wisdom and insights of District Governor Rotarian Dr. S. Sundararajan, who elaborated on the pivotal role of Interact Clubs in shaping community-conscious leaders. His address underscored the clubs' potential to instill a sense of responsibility and service among the youth.

Rotarian Dr. S. Rajalakshmi, serving

as the Rotary Interact Chair, inspired the students with a compelling narrative on perseverance and community service. Her encouragement aimed to embolden the students to steadfastly pursue their aims and missions, highlighting the transformative impact of Interact Clubs on their personal and professional growth.



The Inauguration Ceremony

The inauguration ceremony, held across Shaanthy International School Periyakottai, Udumalpettai, and Shaanthy ICSE School - Jothinagar, Pollachi, became a beacon of inspiration for students from grades

7 to 11. Approximately 60 students eagerly stepped into leadership roles within the clubs, ready to embark on a journey of service and development.

Pledging for a Better Future

In a moment of solemn commitment, each Interact Shaanthyian raised their hand high, pledging to serve humanity with dedication and zeal. This pledge symbolized their unwavering commitment to making a positive difference in the world.

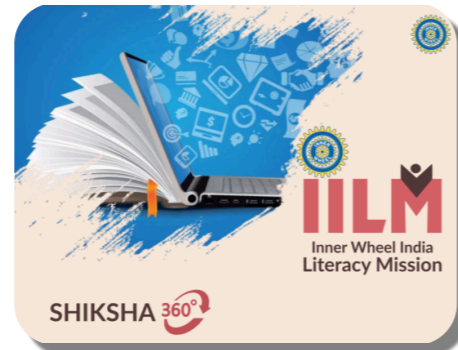
The ceremony also highlighted the Inner Wheel and Rotary Clubs' dedication to global health initiatives, as evidenced by a generous donation of Rs.3000 to Polio Plus by the Chairman of the school, Mr. Balaji Arunkumar, and Inner Wheel President, further strengthening their commitment to eradicating polio.

A Foundation for Future Leaders

The establishment of the Interact Clubs in Pollachi represents more than just an extracurricular activity; it's a foundational step towards building a cadre of young leaders who are not only aware of their community's needs but are also equipped to address them with compassion, creativity, and courage.



Empowering Teachers with Workshops for Cultural Values



Cultural Immersion and Skill Enhancement

The Inner Wheel Club of Pollachi, under the guidance of Shantha Kumari and Mathaji of Kurichikottai Ashram, initiated a transformative workshop for local teachers. This three-day event, held at the Swami Dayananda Rotary Matriculation Higher Secondary School in Kadalur Village and attended by Montessori teachers from Pollachi and Udumalpet, was designed to foster cultural appreciation and pedagogical skills.

equipped to meet contemporary educational demands. The workshop's multifaceted approach underlined the club's commitment to nurturing educators who can shape future generations with skill and cultural sensitivity.



Spiritual Beginnings for Holistic Development

The workshop commenced with traditional Pooja and meditation, setting a tone of reverence and introspection. Mathaji's opening address rooted the event in cultural wisdom, reinforcing the importance of integrating traditional values into modern education.

Participants engaged in comprehensive training across various domains, ensuring they were



Innerwheel Club of Pollachi

Sharanalayam: A Beacon of Hope and Joy



Sanctuary of Compassion

Sharanalayam, a testament to human kindness, was founded by Innerwheel Member N. Vanitha, affectionately known as Thaimma, on January 29, 2001. Situated amid Pollachi's serene greenery, it has grown from blessing seven orphaned children to providing a nurturing home for over 150 individuals in need.

special residents was held on December 30, 2023. Eschewing prizes to avoid any sense of exclusion, the day was filled with laughter, games, and an inclusive grand lunch, reflecting the community's dedication to celebrating every individual's spirit and enthusiasm.

Serenity through Yoga

On December 10, 2023, Mrs. Wilma led a yoga and meditation session for Sharanalayam's residents, bringing tranquility and joy to participants of all ages. The interactive session allowed members to connect with the residents, culminating in a musical celebration and a sumptuous lunch sponsored by Vanitha Rangaraj.



Empowerment through Sport

A heartwarming sports meet for Sharanalayam's



Tribute to Trailblazing Women of Pollachi

Celebrating Women's Achievements

On January 7, 2024, Pollachi witnessed a grand celebration honoring successful women across various sectors.

The event, titled 'Manbumigu Makalir', was a collaboration with prestigious organizations, including the Rotary Club, Chamber of Commerce, Sakthi Group, Lakshmi Jewels, Kongu, and Tamilisai Sangam.

The program was illuminated by speeches from distinguished personalities like Pollachi Municipal Chairman Mrs. Shyamala Navaneethan and motivational speaker Priya Senthil. Their insights brought to light the multifaceted achievements of women in the community.

Honoring Leadership and Service

In a special moment, President of Club Shanthakumari V Singarevelu was honored by Mr. Eswaran, MLA of Thiruchencode and General



Secretary of Kongunadu Makkal Desiya Katchi, acknowledging her exemplary contributions and leadership.



Innerwheel Club of Pollachi

Cultivating Calm: Yoga for Mental Well-being at Aliyar

A Unified Approach to Wellness

At the tranquil Arivuthirukoil, Aliyar, the Centre for Yoga and Spiritual Education provided a perfect backdrop for the exploration of mental wellness. On July 30, 2023, members of the community gathered in this oasis of calm to delve into the ancient practices of yoga, seeking solace and balance in a world often defined by its chaos.

A Community's Quest for Equilibrium

Participants, including Inner Wheel members and guests, immersed themselves in the age-old wisdom of yoga. Their engagement was a strong testament to the community's collective effort to prioritize mental and spiritual well-being, reflective of the Inner Wheel's commitment to holistic health.



Nurturing Mind and Spirit

The event transcended beyond mere exercise, evolving into a journey of self-discovery and healing. It highlighted the essential role of mental health in overall well-being, encouraging a lifestyle interwoven with mindfulness and spiritual growth. This initiative not only empowered individuals but also strengthened community bonds, paving the way for a more conscious and connected society.



Breastfeeding Awareness Initiative

Advocating for Maternal Health

The Breastfeeding Awareness Camp, orchestrated by Dr. Shanthakumari V Anand and Dr. Sredevi, marked a significant stride in maternal and infant health education on August 2, 2023, at Kausalya Medical Centre, Pollachi.

Educational Outreach for New Mothers

This vital program aimed to enlighten new mothers about the myriad benefits of breastfeeding. Experts like Dr. Amutha, Dr. Swathi, and the ICDS Supervisor of Pollachi North shared insights on breast milk's role in building infant immunity.

Community Engagement and Support

Feeding mothers received not only valuable knowledge but also nutritious food provided by IW members, underscoring the community's commitment to supporting maternal well-being.



Innerwheel Club of Pollachi

Igniting Youth Engagement: Inner Wheel's Educational Outreach

Empowering Knowledge Through Competition

On August 14, 2023, the Inner Wheel Club launched an innovative initiative at PA College and STC College to familiarize students with its mission and values. A comprehensive booklet provided a deep dive into the club's history, motto, and purpose, setting the stage for a knowledge-based competition titled 'My Knowledge on Inner Wheel.'

Cultivating Awareness Among Students

The competition, designed to inspire and educate, engaged 700 students in exploring the significance of Inner Wheel. This approach not only informed but also excited students about the club's global impact and community service ethos.

Rewarding Curiosity and Learning

The event rewarded students' efforts and insights, reinforcing the



importance of understanding and participating in service-oriented organizations. This strategic engagement highlights the club's commitment to nurturing the next generation's interest in philanthropy and volunteerism.



Women in Nation Building: A Pivotal Dialogue



Fostering Gender Equality Through Discussion

On September 25, 2023, an enlightening interactive discussion titled 'Women in National Building' was organized, bringing together members of the Rotary, Inner Wheel, and the public. The discourse centered around the pivotal Woman Reservation Bill passed in Parliament, alongside the crucial topic of women and education.

Empowering Voices



Inner Wheel speakers shone brightly, captivating the audience with insightful views and contributions that not only enriched the conversation but also underscored the significant role of women in shaping the nation's future. Their standout performance earned high praise, particularly noted by the Rotary secretary as "stealing the show."

A Collective Step Forward

This event marked a significant stride towards gender equality, engaging a diverse audience in a meaningful dialogue on women's empowerment and their indispensable role in nation-building.



Chairman Visit : Academic Scholarship Initiative



Fostering Academic Excellence

On November 25, 2023, the Inner Wheel Club, under the chairmanship of Anitha Nanjaiah, took a significant step towards supporting higher education by awarding scholarships to deserving students at P.A. College of Engineering and Technology.

Subikshaa G from ECE and Mathumitha K from CSE were the proud recipients of this financial aid, each receiving Rs. 102,000 per annum for their studies, courtesy of club member Mrs. Lakshmi.

A Gesture of Support and Encouragement

The scholarships were ceremoniously handed over by the district chairman, marking a commitment to educational advancement and the empowerment of young minds.

This initiative not only alleviates financial burdens but also motivates students to pursue their academic goals with renewed vigor.

Investing in Future Leaders

This project exemplifies the Inner Wheel Club's dedication to nurturing the potential of the youth, ensuring they have the resources needed to contribute meaningfully to society in the future.



Greening Communities: Compost Project at MKK Enclave

Sustainable Solutions for Local Environments

On October 1, 2023, the Inner Wheel Club took a significant step toward environmental sustainability by installing three large decomposing pits for the MKK Enclave community.

These efforts mark a move towards self-sufficient waste management and reflect the club's commitment to ecological stewardship.

Cultivating Community Through Composting

The decomposing pits, each measuring an impressive 20X10X20, were established to enable the conversion of organic waste into nutrient-rich manure.

This initiative not only aids in waste reduction but also serves to nurture the parks and green spaces within the enclave, benefiting 70 houses.

Grassroots Impact with Measured Investment

The project illustrates how community action can yield



significant environmental benefits. The proactive involvement of the Inner Wheel Club with the residents of MKK Enclave sets a precedent for collaborative green initiatives.

The success of this program led to the formulation of other such community projects.



Innerwheel Club of Pollachi

Blossoming Identity: Pollachi Park's New Chapter

Brand Identity Blossoms

November 9, 2023, marked a significant day for Pollachi as the Inner Wheel Club, in collaboration with the local community and authorities, dedicated a local park to the community, christening it as the Flower Park.

This initiative is part of a broader effort to build a strong visual identity for the organization, resonating with the TRAILBLAZER goal of InnerWheel India.

Community Roots Grow Deep

Members and local residents came together in a celebration of unity and purpose, planting a variety of flowering plants. The joyous occasion underscored the club's investment in communal spaces and the natural environment, enhancing the park's aesthetic and ecological value.



A Visual Tribute to Service

The park, now bearing the club's name, serves as a constant reminder of the service and values the club stands for, fostering a deeper connection with the public and reinforcing the club's presence within the fabric of the community.



Bulletin 2023-24

Enhancing Elderly Care Through Compassion

Warmth and Comfort Delivered

A wave of comfort swept through Priyam old age home as Aruna Rangaswamy's generous donation of 100 bed sheets brought much-needed warmth to the residents. This significant gesture not only provided physical comfort but also symbolized the deep, sheltering care extended to the community's seniors, reflecting a heartfelt commitment to their well-being.

Health Education Outreach

Complementing the physical comfort, Vanitha Rangaraj delivered an enlightening talk on health and hygiene, imparting knowledge crucial for the well-being of the elderly, a vital initiative for sustained health in the golden years.

A Collective Endeavor

The project illustrated the profound impact that thoughtful contributions and educational efforts can have on improving the quality of life for 100 beneficiaries.



Innerwheel Club of Pollachi

Valli Kummi : Celebrating Cultural Heritage and Tradition

Pride in Tradition

In a vibrant showcase of traditional art, the 'Valli Kummi' event became a focal point for youth to express their cultural roots through dance. This celebration, a joint endeavor by a local organization and a renowned international forum, underscored the importance of preserving the indigenous dance forms native to the Kongu Nadu region of Tamil Nadu.



Honoring the Artists

The performers, embodying the spirit of their ancestors, received certificates of participation and appreciation. This recognition not only celebrated their talent but also highlighted the significance of keeping such art forms alive and thriving.



A Momentous Occasion

For the 500 young participants, the event was more than a dance; it was an affirmation of identity and heritage.



The certificates they received were a testament to their dedication to cultural arts, inspiring a sense of pride and accomplishment. This was a step towards ensuring that the beat of 'Valli Kummi' continues to resonate with the rhythm of tradition for generations to come.

